

Goal: San Marcos will develop a comprehensive SEL plan/program to support all students and staff.

Strategy Description	Monitor	Strategy's Expected Result/Impact
Build capacity within all staff by providing monthly SEL professional development.	Admin; Counselor	80% of staff training, Improved student/teacher relationship; Increased student performance/achievement
Staff will implement SEL strategies in classroom to build SEL awareness with students; One new SEL strategy will be introduced a month	Admin; Counselor; Teacher	Improved student behavior, emotional regulation, emotional vocabulary, student engagement

Develop student's understanding of SEL practices; Assist students in building their own SEL skills through weekly advisory lessons in the classroom	Admin; Counselor; Teacher	Improved student behavior, emotional regulation, emotional vocabulary, student engagement, student self-care
Promote SEL campus culture within staff and leadership through creation of SEL Advisory Team. Advisory team will utilize monthly character traits	Admin; Counselor	Improved campus understanding and awareness of SEL; Increased promotion of campus wide SEL practices

**Improving Upon Staff Understanding of SEL:** Staff will attend monthly professional development meetings focused on Adult SEL topics. These monthly PD meetings will also provide staff with specific strategies they can utilize in their classrooms to build on student understanding of SEL. The monthly professional development sessions will also help staff to focus on their own personal social emotional learning skills.

- The monthly SEL PD topics are as follows:
  - Effective Strategies/Building Relationships & SEL Overview
  - Self-Awareness
  - Self-Management
  - Social Awareness
  - Relationship Skills

- Responsible Decision Making
- Stress, Anxiety & Self-Care
- The monthly SEL strategies are as follows:
  - Classroom Guidelines/Agreement
  - Emotional/Feelings Check-In
  - Emotional Regulation (Mindful Minute)
  - Perspective Taking
  - Communication/The Conversation
  - Reinforcing Positive Behavior
  - SEL Challenge

**Developing Student's Understanding of SEL Practices:** A weekly advisory lesson will be presented to students based on monthly SEL topics. These lessons will help to reinforce student's awareness of SEL practices, as well as to promote student self-care and emotional wellness.

**SEL Advisory Team/Building Campus Culture:** A team or committee of staff will be formed to help engage campus in SEL practices. This team will be committed to promoting a campus wide culture of SEL through focusing on district wide monthly character traits. Leadership will also make weekly announcements based on monthly character traits.

- The monthly character traits are as follows:
  - Compassion
  - Sensitivity/Vulnerability
  - Self-Control
  - Courage
  - Respect
  - Honesty/Integrity
  - Determination
  - Enthusiasm